# Sports Enhancement with HOCATT<sup>™</sup> Therapy

### LET ME ASK YOU SOMETHING:

What would you say if someone told you that you could increase your athletic performance simply by sitting and relaxing for just 30 minutes a day? Well, they say "if it seems too good to be true, it usually is". But for the HOCATT<sup>TM</sup> it s true! And it's not just good — it's great!

#### SO WHAT IS THE HOCATT™?

The HOCATT<sup>™</sup> is a bio-chamber that delivers a combination of therapies perfectly sequenced to give a gentle, but incredibly powerful treatment, that boosts energy and detoxifies your body down to cellular level. The main therapy is medical Ozone, which is generated from medical grade Oxygen.

## SO WHAT DOES IT DO?

- ' Ensures optimal athletic performance.
- ' Increases energy levels.
- \* Builds strength, endurance and speed without fatigue!
- \* Enhances weight loss burns up to 600 calories per session!
- ' Turns fat into muscle!
- ' Speeds up recovery post-exercise.
- ' Enhances healing for sports injuries.

' Reduces physical and emotional stress.

# HOW DOES IT DO THIS?

- Increases metabolism and heart rate, which simulates a cardiovascular workout.
- ' Improves oxygen utilization and respiratory efficacy.
- Cleans veins and arteries by dissolving plaque, and also dilates arteries.
- Increases blood and lymph circulation throughout the entire body, thereby improving oxygen delivery down to cellular level! This enhances mitochondrial function and increases ATP production — which means MORE ENERGY!
- Excretes toxins, stimulates the immune system and promotes healing:
- Regenerates damaged tissue.
- Enhances the elimination of lactic acid, which facilitates faster recovery after exercise.
- Reduces the stress your body undergoes with exercise and relieves tension.
- Reduces inflammation/swelling and pain, and also reduces chronic joint pain.

For the athlete, it's all about increasing energy and improving the way you use oxygen. Because the HOCATT<sup>™</sup> floods your body with ozone (which you can think of as a Super-Oxygen) all the way down to cellular level, it's the ideal tool for any sports enthusiast!



www.hocatt.com | info@hocatt.com | 1-844-MY-0Z0NE | 1-844-696-9663

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